



Stroke Support Co-ordination Service

About the service

The service provides **information** and **advice** to people in Poole who have had a stroke or Transient Ischemic Attack (TIA), their carers and families. We can also signpost you to other services you may find beneficial.

The **aim** of the service is to ensure you have the **support** you need to make **choices** and **enable** you to live as **independently** as possible after a stroke or TIA.

How the service can help

- Offering **emotional** support
- **Identifying** and **preventing** further problems
- Providing **advice** about adjusting to **health** changes and making **lifestyle** adjustments, to **reduce** the **risks** of a further stroke or TIA
- **Supporting carers** and family members
- **Signposting** to local **stroke groups** or **community activities**
- Helping to access other services such as **care management** or **psychological support**
- Providing information about **volunteering** and activities to get you **back to work**
- Supporting your **well-being**

Contact details

If you would like to find out more about this service or make a Stroke Support referral, please telephone Hospital Social Services on 01202 442215 or email stroke referrals/enquires to stroke.coordinator@bcpcouncil.gov.uk.

For more information about services please go to www.mylifemycare.com.

To request or download a copy of this factsheet:

Tel. 01202 633902 / email sshelpdesk@bcpcouncil.gov.uk
or download at www.poole.gov.uk/adultsocialcarefactsheets



We can give you help to read or understand this information:



01202 633902

Text
Relay



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