



## Respite support for carers

---

### **What is respite?**

When an adult goes into residential care to enable the carer to have a break from their caring role, this is known as respite. Respite care is provided for the carer rather than the adult who is cared for.

### **Eligibility for respite care**

A carer must be eligible for support before respite can be considered. A carers assessment must be undertaken to determine whether a carer is eligible for support. Please see our factsheet 'Carers Assessment' for more information.

All respite placement requests will be based on the carers assessment and in line with eligible needs.

### **How much respite care you will receive**

BCP Council will, if you are eligible, fund up to 3 weeks respite over a 12 month period. If further periods of respite are requested these will be assessed on a case-by-case basis.

### **Sourcing and funding of respite care**

Respite is sourced at current BCP Council agreed rates and giving reasonable notice of your requirements for respite assists us in sourcing a suitable placement for the cared-for person.

Where appropriate BCP Council will source a respite placement within a 30 mile radius of Poole.

### **Transport**

Travel to and from the placement is not included in respite funding.

## Other factsheets that may be relevant

- Carers Assessment

For more information about services please go to [www.mylifemycare.com](http://www.mylifemycare.com).

### To request or download a copy of this factsheet:

Tel. 01202 633902 / email [sshelpdesk@bcpcouncil.gov.uk](mailto:sshelpdesk@bcpcouncil.gov.uk)  
or download at [www.poole.gov.uk/adultsocialcarefactsheets](http://www.poole.gov.uk/adultsocialcarefactsheets)



We can give you help to read or understand this information:



01202 633902



18001 01202 633902