



Occupational Therapy

How we can help

We can offer help and advice to people who are unable to do everyday tasks due to physical illness, long-term disability, learning disability or problems associated with ageing. We will help you to be as independent as possible and to reduce obstacles within your environment.

Services available

- Free loan of equipment (such as commodes, perching stools and items to raise the height of a toilet, chair or bed)
- Advice and equipment to help you transfer from a bed to a chair or to get in and out of the bath
- Signposting to alternative suppliers of equipment, benefits advice and other services
- Training carers in safe ways to assist you (see Carers over the page)
- Minor adaptations to your home to improve access to all essential facilities within it. (Advice and assistance can also be given about funding.)
- Recommendations for major adaptations to your home to improve access to all essential facilities within it. Advice and assistance can be given about funding.
- Working closely with Health colleagues to assist in your discharge from hospital
- Collection of equipment if your circumstances change and you no longer need equipment

Assessing your needs

A member of the Occupational Therapy team will visit you at home (or wherever you feel is appropriate) to carry out an assessment of your situation including areas of risk.

Carers

A carer is a spouse, civil partner, family member, neighbour or friend who provides care or support to you. We recommend that carers request an assessment (using the contact details below) to ensure that the services and information provided also meets their needs.

Timescales

We aim to complete assessments within 28 days of the date they are requested and deliver standard equipment within 7 working days of an assessment.

Other factsheets you may find useful

- Adaptations to your home

Contact details

If you would like to find out more about this service please telephone the Adult Social Care Contact Centre (details below).

For more information about services please go to www.mylifemycare.com.

To download a copy of this factsheet:
www.poole.gov.uk/adultsocialcarefactsheets



We can give you help to read or understand this information:

Adult Social Care Contact Centre


Bournemouth and Christchurch residents:

Tel. 01202 454979 / email caredirect@bcpcouncil.gov.uk

Text
Phone  07747 757570

Poole residents:

Tel. 01202 633902 / email sshelpdesk@bcpcouncil.gov.uk

Text
Relay  18001 01202 633902