



Carers assessment

What is a Carers Assessment?

A carers assessment is not a judgement on how well you provide care, it's a conversation with a professional social care worker where you have an opportunity to talk about how being a carer affects you, and to make sure you get all the help and information available to support you. It can be done at a time and in a place that suits you.

As a carer you are entitled to a carers assessment, even if the person you care for refuses social care services. To request a carers assessment or if you need further information or support, please contact the Help Desk.

Who can have a carers assessment?

- Someone who is providing unpaid care for a person of any age, who has a mental or physical condition that means they cannot manage without that help.
- Families who may be thinking of offering more help and support to someone who, because of a developing illness, will not be able to manage on their own.
- Someone who will care for a person who is currently in hospital but who will depend on them when they are discharged.

A carers assessment is...

- Voluntary. You have a right to have an assessment, and it can help you to get support, but it is your choice if you want one.
- Recorded. We will give you a copy of your assessment and confirm you agree with it.
- Confidential. It will only be used to work out how we can help you.
- Free. We use this time to explain about support you can get for free and what you may be asked to pay for.

A carers assessment is not...

- A judgement on how well you provide care.
- A way to make your caring role more official, or a way to make you do more.
- An obligation for you to accept services that you are offered.
- Shared with other organisations without your permission and knowledge.
- A financial assessment leading to Carers Allowance funding. However, we can give information about benefits and entitlements you can apply for.

Contact details

If you would like to find out more about this service please telephone: the Help Desk on 01202 633902 or email sshelpdesk@bcpcouncil.gov.uk.

For more information about services please go to www.mylifemycare.com.

To request or download a copy of this factsheet:

Tel. 01202 633902 / email sshelpdesk@bcpcouncil.gov.uk
or download at www.poole.gov.uk/adultsocialcarefactsheets



We can give you help to read or understand this information:



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