



Assistive Technology

What is Assistive Technology?

Assistive Technology is a service or equipment that enables a wide range of people, especially those who are older or more vulnerable, to live independently in their own home. The equipment can:

- detect risks such as falls
- detect the person's risk of becoming lost or disoriented outside of the home
- detect environmental risks such as smoke, floods and gas
- call for help in the event of an emergency

Equipment can be linked to a control centre such as Poole Lifeline which will respond appropriately to the alert. Alternatively, it can alert a pager carried by a carer the person lives with.

Situations where people may benefit from Assistive Technology

- **Having falls and reduced confidence or being unable to summon help.** A falls alarm pendant or other sensor would detect a fall automatically and raise an alert if you are unable to do this yourself.
- **Forgetting to turn the cooker or taps off causing risk of fire or flooding.** A sensor-activated voice prompts to remind you to turn appliances off when leaving a room. Smoke or carbon monoxide detectors can be linked to Poole Lifeline if you are unable to respond to an alarm.
- **Having difficulty taking your medication.** A medication dispenser may help you if you are unable to manage packaging due to dexterity problems or poor eyesight. You may also find a medication reminder useful.
- **Leaving your home unsafely or becoming lost in the community.** A door sensor would alert a relative if the front door is opened at any time of the day or night (depending on your need). Further advice and solutions can be considered for anyone at risk of becoming disoriented or lost in the community.

These are just some of the everyday problems faced by many people that could be helped with simple equipment which is now available.

Assistive Technology is available to reduce risk, enhance independence and delay, reduce or stop the need for someone to go into residential care or hospital by supporting them to continue to manage in their own home in a safe way for as long as possible.

Other factsheets that may be relevant

- Adaptations to your home
- Occupational Therapy

Contact details

If you would like to find out more about this service please telephone the Help Desk on 01202 633902 or email sshelpdesk@bcpcouncil.gov.uk. For more information about services please go to www.mylifemycare.com.

To request or download a copy of this factsheet:

Tel. 01202 633902 / email sshelpdesk@bcpcouncil.gov.uk
or download at www.poole.gov.uk/adultsocialcarefactsheets



We can give you help to read or understand this information:



01202 633902



18001 01202 633902