



## Dorset Foodbank Advice & Directory

Foodbanks are run by the community for the community. A foodbank is a place where donated food is distributed to those in need or an emergency. Many people in Dorset have been hit by the economic downturn, local people are experiencing a crisis that is not their fault such as changes in benefit, debt problems, divorce, sickness, bereavement, redundancy, rising food and fuel prices, low wages all leading to a rise in people turning to a foodbank. It is estimated that 13 million people live below the poverty line in the UK.

You have to be referred by a professional listed below (this list is not exhaustive but a general guide) before you can go to a foodbank as they can assess your circumstances to see if you qualify and start to work with you addressing the source of your financial problems or signpost you to an approved agency:

- Health Visitor
- Social Worker
- Somebody from Citizens Advice (CAB)
- Church Leader
- Housing Association
- Dorset Fire & Rescue Community Support Officer

If you've been referred, you'll be given a voucher – which you should take to your nearest foodbank. Once you are there your voucher will be redeemed for three days' worth of nutritionally balanced food. You can have a single, couple or family pack depending on your circumstances. Foodbanks normally provide non perishable foods unless stated otherwise and will try to tailor if possible any special dietary requests e.g. vegetarian. Foodbanks are not a long term solution and will not normally accept more than three vouchers unless there are special circumstances

You can help and get involved by volunteering or donating food or money.....

Foodbanks are always looking for the following non perishable donations to maintain their stock levels:

UHT or powered milk, Tea bags, Instant Coffee, Cereal, Sugar, Fruit Juice, Squash, Pasta, Rice, Instant Mash Potato, Biscuits, Snack Bars  
Tins of: Meat, Fish, Soup, Vegetables, Fruit, Rice Pudding, Custard (*Small sizes are particularly welcome*)

*Please call the contact number first as each foodbank operates slightly differently and they will be able to answer any questions or queries you may have. Please do not just turn up at a foodbank as volunteers cannot always help without a voucher*

**This list is not exhaustive, many foodbanks are opening up locally so may not be on the list. The foodbanks are listed in alphabetical order in the main town they operate from please choose the nearest one to you**

| <u>Area</u>        | <u>Address</u>   | <u>Contact Number</u>                                      | <u>Opening Hours</u>                       | <u>Email/web address</u>   | <u>Notes</u>   | <u>Organisations</u>  |
|--------------------|--|--|--|--|--|---|
| <b>Beaminster</b>  | Beaminster Children's Centre<br>6 Prout Street<br>Beaminster<br>DT8 3AY  | 01308<br>861030<br>(children's centre)                     | Monday – Friday<br><br>9.30 am – 12.30 pm  | <a href="mailto:lymeandbeaminstercc@dorsetcc.gov.uk">lymeandbeaminstercc@dorsetcc.gov.uk</a>                                       | **Only for adults who have a child under 19 years of age**<br><br>Fresh food available | Lyme & Beaminster Children's Centre & Dorset County Council |
| <b>Blandford</b>   | Blandford Forum Methodist Church<br>The Close<br>Blandford Forum<br>DT11 7HA                                   | 01258<br>456093  | Tuesdays & Thursdays<br>10.00 am – 12 noon | <a href="mailto:blandfordfoodbank@gmail.com">blandfordfoodbank@gmail.com</a>   | Covers DT11 area   | Faithworks Wessex   |
| <b>Bournemouth</b> | Suite 5 Wessex House<br>St Leonard's Road<br>Charminster<br>Bournemouth<br>BH8 8QS                             | 01202<br>900979  | Monday – Friday<br>10.30 am – 1.00 pm      | <a href="mailto:info@bournemouthfoodbank.com">info@bournemouthfoodbank.com</a><br><br><a href="#">Bournemouth Foodbank website</a> | Covers Boscombe & Winton as well   | Trussell Trust  |
| <b>Bridport</b>    | Food will be delivered to the referring agency e.g. CAB office, GP surgery or, if preferred, the clients' home | None. Has to be through approved agency like the CAB or GP | As required                                | <a href="mailto:jo@jovian.co.uk">jo@jovian.co.uk</a>   | Bridport & surrounding areas covered<br><br>Fresh Food Included                        | Hopeful Hampers – Part of Pathways to Care                  |

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|---------------------|--|--|---|---|---|---|
| <b>Bridport</b>     | St Marys Church<br>84 South Street<br>Bridport<br>DT6 3NW  | 07825 303<br>690                       | Wednesday<br>11.30 – 1.00 pm  | <a href="mailto:Chris4ted@hotmail.com">Chris4ted@hotmail.com</a>  | Has to be through approved agency<br><br>Does offer an out of hours service on contact mobile | Cupboard Love Foodbank<br><br>Bridport Anglican Team Ministry |
| <b>Christchurch</b> | The Old Chapel<br>St Joseph's Catholic Church<br>67 Purewell<br>Christchurch<br>BH23 1EH                         | 07587 371<br>088                       | Tuesday<br>10.00 am – 12 noon<br>Thursday<br>10.00 am – 1.00 pm<br>Fridays<br>2.00 pm – 4.00 pm | <a href="mailto:christchurchfoodbank@gmail.com">christchurchfoodbank@gmail.com</a>  |   | Christchurch Fellowship of Churches with Faithworks Wessex    |
| <b>Corfe Mullen</b> | Corfe Mullen Community Foodbank<br>St Nicholas Church<br>30 Wareham Road<br>Corfe Mullen<br>Wimborne<br>BH21 3LE | 01202<br>602948 or<br>07415 240<br>682 | Monday – Friday<br>10.00 am – 12 noon   | <a href="mailto:cmfoodbank@gmail.com">cmfoodbank@gmail.com</a><br><br>Website To Follow Soon  | A voucher can be given at the Foodbank during office hours                                    | Independent   |
| <b>Dorchester</b>   | Dorchester Baptist Church<br>Bridport Road<br>Dorchester DT1<br>1RR  | 07554 983<br>978                       | Monday<br>12.00 – 2.00 pm<br>Wednesday & Friday<br>10.30 am – 12.30 pm                          | <a href="mailto:foodbank@dorchesterbc.org.uk">foodbank@dorchesterbc.org.uk</a><br><br><a href="#">Dorchester Baptist Church website</a> | DT1 & some DT2 area covered   | Dorchester Baptist Church - Independent                       |

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| <b>Ferndown</b>   | Through an approved agency like CAB  | Contact: Ringwood Foodbank for more info |   |   | Food parcel can be collected via local shop in Ferndown – this will be on voucher | Trussell Trust   |
| <b>Gillingham</b> | The Old Library<br>6 Station Road<br>Gillingham<br>SP8 4PY                           | 07895 148 094                            | Monday & Thursday<br>10.00 am – 12.00 noon  | <a href="mailto:info@gillingham.foodbank.org.uk">info@gillingham.foodbank.org.uk</a><br><br><a href="#">Gillingham Foodbank website</a> | SP7 & SP8 covered   | Trussell Trust   |
| <b>Lyme Regis</b> | LymeNet<br>St Michael's<br>Business Centre<br>Church Street<br>Lyme Regis<br>DT7 3DB | 01297 444570 or 07599 965 647            | Monday – Friday<br>9.00 am – 5.30 pm  | <a href="mailto:foodbank@lrdt.co.uk">foodbank@lrdt.co.uk</a>  | DT6 and DT7 covered   | Lyme Forward<br>Lyme Regis<br>Development Trust<br>Local Area<br>Partnership<br>Lyme Regis Town<br>Council |
| <b>Poole</b>      | Longfleet United<br>Reformed Church<br>Longfleet Road<br>Poole<br>BH15 2HP           | 01202 669566                             | Tuesday,<br>Wednesday,<br>Thursday<br>9.30 am – 12.30 pm<br>Friday<br>9.30 am – 12 noon | <a href="mailto:poolefood@hotmail.co.uk">poolefood@hotmail.co.uk</a>  |   | Faithworks Wessex  |

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| <b>Portland</b>  | St John's Church Hall<br>Ventnor Lane<br>Fortuneswell<br>Portland<br>DT5 1JE                    | Portland Parish<br><br>01305<br>824381  | Tuesdays & Fridays<br>9.30 am – 11.30 am                | <a href="mailto:portlandfoodbank@gmail.com">portlandfoodbank@gmail.com</a><br><br><a href="#">Portland Foodbank website</a> |  | Churches Together  |
| <b>Ringwood</b>  | Unit 10a<br>Forest Corner Farm<br>Hangersley<br>Ringwood, Hants<br>BH24 3JW                     | 01425<br>600134 or<br>07501 598<br>800  | Monday –<br>Wednesday &<br>Friday<br>9.30 am – 12.30 pm | <a href="mailto:info@ringwood.foodbank.org.uk">info@ringwood.foodbank.org.uk</a>  | *Also covers Ferndown and Verwood  | Trussell Trust   |
| <b>Sherborne</b> | No Address<br><br>Clients have parcels delivered to their home or to a designated central point | 01963<br>250040 /<br>0759 424<br>6196 <b>by agency referrers only, not by clients</b> | As required   | <a href="mailto:Stpauls-sherborne@btconnect.com">Stpauls-sherborne@btconnect.com</a>  | Occasional fresh fruit / vegetables / chilled foods                              | St Paul's Church<br>Rev. Dr. Roy<br>Catchpole<br>(Independent) |
| <b>Swanage</b>   | The Salvation Army<br>54 High Street<br>Swanage<br>BH19 2NX                                     | 07759 230<br>313  | As required   |   |  | Churches Together  |
| <b>Verwood</b>   | Through an approved agency like CAB   | Contact:<br>Ringwood Foodbank for more info   |   |   | Food parcel can be collected via local shop in Verwood – this will be on voucher | Trussell Trust   |

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| <b>Wareham</b>  | Purbeck Gateway Church<br>Ropers Lane<br>Wareham<br>BH20 1YZ       | Lynn Crabb<br><br>07840 408 475 | As required and will deliver            | <a href="#">Purbeck Gateway Church website</a>   | For Donations:<br>Wareham Parish Hall<br>Wareham Quay<br>Last Saturday of the month <u>or</u> Sure Start centres in Wareham or Bovington | Churches Together   |
| <b>Weymouth</b> | Weymouth Baptist Church<br>18 The Esplanade<br>Weymouth<br>DT4 8DT | 07531 167 465                   | Tuesday & Friday<br>10.30 am – 12.30 pm |  |  | Weymouth Baptist Church (Independent)   |
| <b>Wimborne</b> | Leigh Park Community Centre<br>Gordon Road<br>Wimborne<br>BH21 2AP | 07766 395 944                   | Voucher will state opening time         | <a href="mailto:wimbornefoodbank@gmail.com">wimbornefoodbank@gmail.com</a><br><br><a href="http://wimbornefoodbank.org.uk">wimbornefoodbank.org.uk</a> |  | Faithworks Wessex along with Wimborne Town Council & Wimborne Children's Centre (Action for Children) |

Working together with



Dorset Fire & Rescue Service



For any queries, changes or additions to this document please contact: Jane Hutchings – POPP Community Development Worker –  
Access to Food & Nutrition on mobile: 07919 545 199 or email: [j.hutchings@dorsetcc.gov.uk](mailto:j.hutchings@dorsetcc.gov.uk)