

# Poole Business Services

## Training Services

Our Fleet Training Services offer an extensive range of training including First Aid and Health & Safety. Our trainers have previously worked within the front-line emergency services and therefore have extensive knowledge and 'real life' experience. We pride ourselves in delivering quality customer focused training and can deliver bespoke hands-on training using state-of-the-art equipment and training aids.



### Health and safety, first aid and the law

As an employer you must provide information, instruction, training and supervision to ensure the health and safety of your employees. This is particularly important, e.g. when people start work, on exposure to new or increased risks and where existing skills may have lapsed or need updating.

You must provide suitable first-aid equipment, facilities and personnel to enable immediate assistance to be given to employees if they are injured or become ill at work. First aiders must have a valid certificate of competence in first aid at work (FAW) or emergency first aid at work (EFAW).



## ● **First Aid at Work**

Association of First Aiders accredited certificate valid for 3 years.  
**3 day course** is for anyone intending to act as a First Aider at Work or  
**2 day refresher** to re-certify anyone who acts as the First Aider at Work.  
**1/2 day updates and refresher.**

## ● **Emergency First Aid at Work**

**1 day course** for anyone wanting to be an accredited emergency first aider.

## ● **Defibrillator & CPR**

**1 day course** to gain the knowledge and skills to administer basic life support and use an AED in an emergency. Association of First Aiders accredited certificate valid for 3 years.

## ● **Paediatrics First Aid**

**2 day course** for anyone wanting to become qualified to administer first aid to children and infants. Accredited certificate valid for 3 years.

## ● **Emergency Paediatrics First Aid**

**1 day course** to gain the knowledge and skills to administer basic life support and use an AED in an emergency. Association of First Aiders accredited certificate valid for 3 years.

## ● **Principles & Practice of Manual Handling** - Borough of Poole

**1 day award course** to ensure the knowledge and skills to safely move objects in the workplace.

## ● **Driver Certificate of Professional Competence**

**Periodic 7 hour courses** for DCPC qualified drivers to maintain their CPC entitlement. 35 hours required over a five year period for JAAPT accreditation (Joint Approvals Unit for Periodic Training).

## Why you should choose us

- Fully accredited courses provided by ITSSAR accredited trainers
- We can provide specific modified courses at competitive prices for businesses with 4 or more trainees
- Member of the Freight and Transport Association
- DASH Partner (Dorset Action on Safety and Health)

Borough of Poole, Hatchpond Depot, Hatchpond Road, Poole, Dorset, BH17 7LQ

**01202 261777**

**FleetTrainingServices@poole.gov.uk**

**[www.poole.gov.uk/PooleBusinessServices](http://www.poole.gov.uk/PooleBusinessServices)**



Contact  
us for an  
informal chat